

JOURNEY TO FREEDOM

A Practical Discipleship Workshop

Do you struggle with unresolved emotional pain, habits and patterns you can't seem to break, or spiritual harassment that's difficult to explain? Maybe you've done your best to move forward - prayed, tried harder, learned more - and yet something still feels stuck.

Journey to Freedom is not self-help, behaviour modification or positive thinking. Instead, it treats our struggles as spiritual as well as physical. The workshop is an opportunity to bring your real life - including your wounds, habits, fears, and questions - to God so that He can heal and transform you.

You may have worked at freedom before with limited success. Don't give up. Freedom is rarely instant. It is learned and lived through what can be described as **long obedience in the same direction**.

Come and **participate in the good work God wants to do in your life**.

DISCOVER

Transformational Principles

1. **Foundation: Walking with God**
Learning how to relate to God in honesty and trust.
2. **The Journey So Far: My Story**
Recognizing how your past has shaped your present.
3. **Wounds: Healing the Hurts**
Bringing unresolved pain into God's healing care.
4. **Lies: Healing Identity**
Identifying and confronting beliefs that distort who you are.
5. **Fear: Overcoming the Big Lie**
Recognizing fear for what it really is.
6. **Forgiveness: Releasing Others and Yourself**
Actively forgiving those who have wounded you as well as forgiving yourself.
7. **Repentance: Realigning with God's Way**
Turning from patterns that keep you bound.
8. **Family Sin Patterns: Breaking the Cycle**
Recognizing and responding to patterns passed down through family lines.
9. **Deliverance: Closing Doors**
Addressing spiritual footholds that hinder freedom..

BENEFIT

Experience More of God's Power in Your Life

- Learn practical strategies to identify and deal with the “stuff” – the life experiences, persistent negative emotions, and oppressive spiritual experiences that so heavily weigh you down.

EXPECT

A Transformational Experience

- Teaching based on biblical principles
- Deep personal reflection
- Holy Spirit revelation
- Jesus’ healing power
- More peace

IMPORTANT TO KNOW UP FRONT

This journey requires **full participation**.

- A willingness to actively engage in the activities, self-reflection and homework.
- Attendance at all sessions. The modules are not separate topics - they are woven together and meant to be experienced as a whole. **If full attendance is not possible, the workshop will not provide you real benefit.**

SPACE IS LIMITED

Because of room and group size limitations, **spaces are limited** and registration is capped.

WORKBOOK COST

\$10.00

READY TO TAKE THE NEXT STEP?

If you sense God inviting you into this journey, we encourage you to respond.

Register here:

[[Click here to register for Journey to Freedom](#)]

(Registration link goes here)

Questions?

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