

OVERLOADED WITH . . . Fears About My Future

He is,
all He is,
all the time,
to me.

I sought the LORD, and he answered me
and delivered me from all my fears.

Psalm 34:4

Fear can be defined as a present experience, of anxious feelings,
caused by our anticipation of a future imagined event or actual
experience.

- Fear can be fun.
- Fear can protect us.
- Fear can hurt us

“Do not be afraid!” . . . is found some 100 times in the bible

The antidote to fear is faith.
But not just faith but faith in the faithfulness of God.

“What I have said, that will I bring about;
what I have planned, that will I do.”

Isaiah 46:11

God is not human, that he should lie, not a human being, that he should
change his mind. Does he speak and then not act?
Does he promise and not fulfill?

Numbers 23:19

If we are faithless he will remain faithful, for he cannot deny himself.

² Timothy 2:13

Fear not little flock, for it is your Father's pleasure
to give you the kingdom.

Jesus – Luke 12:32

THREE TYPES OF PSALMS

LAMENT

Why the
present
trouble?

CONFIDENCE

I am unsure
about future
trouble.

THANKSGIVING

I am thankful
the trouble is
past!

PSALM 23

I DO NOT HAVE TO LIVE IN FEAR BECAUSE THE LORD . . .

1. IS WITH ME:

¹ The LORD is my shepherd;
I shall not be in want.

2. GUIDES ME:

² He makes me lie down in green meadows;
he leads me beside quiet waters.

³ He restores my soul.

He guides me in paths of righteousness,
for his name's sake.

3. PROTECTS ME:

⁴ Even when I walk
through the valley of the shadow of death,
I will fear no evil,
for you are with me.
Your rod and your staff
they comfort me.

⁵ You prepare a table before me
in the presence of my enemies.

4. BLESSES ME:

You anoint my head with oil;
my cup overflows.

6. KEEPS ME:

⁶ Surely your goodness and unfailing love will follow me
all the days of my life,
and I will dwell in the house of the LORD forever.