

HAPPY HOME

“Let’s Talk”

KEY THOUGHTS:

- The three most important words for a successful relationship are communicate, communicate, communicate.
- Communication defines a relationship.
- Communication is the first thing to go in a relationship.
- Communication is the link to every aspect of our relationships.

.. if we could control our tongues, we would be perfect and could also control ourselves in every other way.

James 3:2 NLT

Genesis 3:7-13

WHEN COMMUNICATION BREAKS DOWN WE . . .

- 1.HIDE

We hide from each other.

Then the eyes of both of them were opened, and they realized they were naked; so they sewed fig leaves together and made coverings for themselves.

Genesis 3:7

We hide from God.

Then the man and his wife heard the sound of the Lord God as he was walking in the garden in the cool of the day, and they hid from the Lord God among the trees of the garden.

Genesis 3:8

- 2.HURL

We hurl at each other.

We hurl at God.

The man said, “The woman you put here with me—she gave me some fruit from the tree, and I ate it.” Then the Lord God said to the woman, “What is this you have done?” The woman said, “The serpent deceived me, and I ate.”

Genesis 3:12-13

HEALTHY COMMUNICATION REQUIRES . . .

My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry, because human anger does not produce the righteousness that God desires.

James 1:19-20

- 1. Being Quick to Listen
- Everyone should be quick to listen . . .
- James 1:19

Seek to understand before being understood.

Stephen Covey

2. Being Slow to Speak

- Everyone should be quick to listen, slow to speak . . .
- James 1:19

The one who has knowledge uses words with restraint, and whoever has understanding is even-tempered. Even fools are thought wise if they keep silent, and discerning if they hold their tongues.

Proverbs 17:27-28

Dr. Herbert H Clark, a psychologist at John Hopkins University, discovered that it takes the average person about 48 percent longer to understand a sentence using a negative than it does to understand a positive or affirmative sentence. This is confirmation of something every successful person knows. The secret of good communication is positive affirmation.

Empowering Couples, p 26

3. Being Slow to Anger

- Everyone should be quick to listen, slow to speak and slow to become angry because human anger does not produce the righteousness that God desires.
- James 1:19