

HAPPY HOME

FIGHT FAIR

NINE RULES FOR FIGHTING FAIR

RULE #1 ... REALIZE WHY

Desires . . . “to fancy, to wish or long for, to crave, to want, to covet.”

What causes fights and quarrels among you? Don't they come from your desires that battle within you? You want something but you don't get it. You kill and covet, but you cannot have what you want. You quarrel and fight . . . you ask with wrong motives, that you may spend what you get on your pleasures.

James 4:1-3

The desire to possess . . . the desire to have

The desire for pleasure . . . the desire to feel

The desire to maintain pride . . . the desire to be

RULE #2 ... FIX THE PROBLEM NOT THE BLAME

The goal is to become one O-N-E

not to determine who won W-O-N.

RULE #3 ... TALK

Speak the truth in love

Ephesians 4:15 & 25

RULE #4 . . . NO MIND READING

I care very little if I am judged by you or by any human court; indeed, I do not even judge myself. My conscience is clear, but that does not make me innocent. It is the Lord who judges me. Therefore, judge nothing before the appointed time; wait until the Lord comes. He will bring to light what is hidden in darkness and will expose the motives of the heart. At that time each will receive their praise from God.

1 Corinthians 4:3-5

RULE #5 ... STAY CALM AND CONTROLLED

“If I can't be right I am going to be wrong at the top of my lungs!”

Lucy in the Peanuts cartoons

A gentle answer turns away wrath,
but a harsh word stirs up anger."

Proverbs 15:1

RULE #6 ... NO HISTORY LESSONS

Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. Be kind and compassionate to each other forgiving each other just as in Christ God forgave you.

Ephesians 4:31-32

RULE #7 ... NO LABELLING

Be careful with labelling a person.

Be clear when labelling an action.

RULE #8 ... GIVE POSITIVE STROKES

Use your words to build up even in the midst of conflict.

Remember that it is about becoming ONE not about who WON.

Be kind and compassionate to one another . . .

Ephesians 4:32

RULE #9 ... FORGIVE

Remember that our response to being deliberately hurt by another is either . . .

Vengeance

Denial

Forgiveness

Forgive each other just as in Christ God forgave you.

Ephesians 4:32